

## Milton Medical Park 611 Federal Street Suite 4 Milton DE 19968

Osteoporosis Assessment Form

Date:/			
Patient Name	(please print).	Date of Birth:	
Answer the questions by checking the approp	oriate response to the	right.	
(yes, no, don't know) if answer is yes enter a		in box at left.	
Gynecologic History (women only)		Ye	s No
Are (were) your periods regular between age	s 18 and 40 years?		
Did you ever have intervals with few or no ble during pregnancy?	eeding cycles, other t	han YES	S NO
Age: Length of time			
Medications			
Are you now taking hormone replacement pil	ls or using patches?	YES	S NO
Do you take cortisone, prednisone, or other s	teroids for treatment	YE	S NO
for asthma, arthritis or cancer.			
Do you ever take sleeping pills? If yes, how of	ten.	YE	s NO
Lifestyle			
Do you take thyroid medication?		YES	NO NO
Do you smoke? Amount/day:		YES	s NO
Fractures and Falls			
Have you ever broken any bones? Year : How:	Site :	YES	S NO
History of Osteoporosis and Back Pain			
Does anyone in your immediate family have on Mother Father Sister(s) Brother (s)	steoporosis?	YES	S NO
Do you ever have back pain?		YE	s NO
Mild Severe Dull Sharn Intermittent	constant		